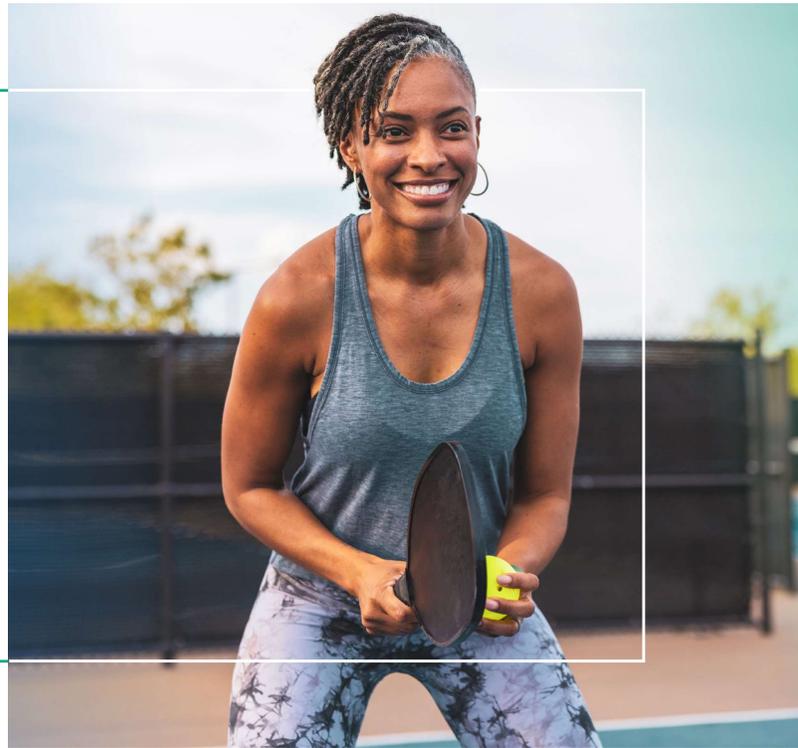


What is Musculoskeletal Care?



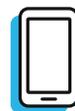
More than half of all U.S. adults have a long-term musculoskeletal condition like arthritis, osteoporosis or an injury that affects the spine, joints, or connecting tissues. Pain from these conditions can impact your quality of life, preventing you from doing many of the activities you enjoy—from exercising to just spending time playing with your children.

Your health plan covers many musculoskeletal procedures, including:

- › Spinal injections
- › Spinal surgery
- › Hip surgery
- › Knee surgery
- › Shoulder surgery

We want to help you get the care you need, when you need it.

Before you can get certain musculoskeletal care, like the things on this list, your doctor will need to ask us first. This is called prior authorization, and it helps us make sure you get appropriate care.



We're here to help.

If you have questions about your musculoskeletal benefits, check your **Evidence of Coverage** by logging in to your **bcbst.com** account. Or give us a call at the Member Service number on the back of your Member ID card. We're here from 8 a.m. to 6 p.m. ET, Monday through Friday.

* If you get musculoskeletal care in the emergency room or during an inpatient hospital stay, you don't need prior authorization.

